Write 9 sentences of support (3 for each topic) for the essay title “*Dark chocolate is great*.” Use a variety of different types of support as on p101 *(Personal experience, expert opinion, examples, analogy, facts and statistics, reason, emotion).*

Try to use 1 of each different type of support.

Title - *“Dark chocolate is great”*

Thesis statement- I strongly believe that dark chocolate is great because....

Paragraph 1 Health

Expert opinion. The University of Glasgow of Scotland and National Food Nutrition researcher of the Italy, they found that ‘Dark chocolate’ gets anti-oxidation in blood. Every chocolate and fruit also have anti-oxidation, but ‘Dark chocolate’ has more anti-oxidation when we take it without any drink.

Expert opinion Researcher from the university of Copenhagen found that “Dark chocolate is far more filling, offering more of a feeling of satisfy than its lighter- colored sibing”.

Personal experience Dark chocolate can also makes you relax and produce energy to make you relax and continue your work. I also eat dark chocolate when I get tired and it helps me continue work again.

Emotion. Many people say eating dark chocolate will make you feel happy, I really agree with that because in dark chocolate have a phenylethylamine(PEA), the same chemical your brain creates when you feel like you are falling in love, so PEA encourages your brain to release endorphins.

Personal experience. When I feel low and I need to eat some dessert, I choose dark chocolate is the first choice because it’s low sugar and fat free.

Paragraph 2 Food/cooking

Example Dark chocolate can make dessert such as brownie and chocolate lava.

Personal experience I prefer using dark chocolate for cooking than using another types of chocolates.

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Paragraph 3 Industry/economical/Financial

Facts & Statistics The chocolate industry offers the opportunity for the small business owner, weathers economic recession well and is growing despite increase health- consciousness and calorie counting.

Facts & Statistics/Example Some country like Mexico have a great chocolate taste and people go to their country because of chocolate

Facts The chocolate industry has proven both resilient during the recession and innovative to meet changing consumer taste and criteria.

Example Dark chocolate is not have only healthy and cooking benefits, but in economical the chocolate industry also offer a wide verity of opportunities for the small business owner. It can help people get a job and make some money income.

Counter argument Whenever I get stress out it might be from work or schools, I will take a break get some chocolate eat it with a cup of tea. However many of my mates said that eating to much chocolate will make you fat. I disagree with them because you can burn it off later when you exercise.