## Possible counter arguments for “Apples are a man’s best friend”

Some people believe that apples are bitter, however, there are so many variations of apples that everyone can find enjoyment to eat that fruit.

Some people believe that apples contain a large amount of fructose and this could lead to weight gain, but they aren’t aware that an apple contains 9% of your daily fiber intake.

Many people would think that dogs are a man’s best friend, not apples. However, apples don’t eat your shoes or poop on your sofa!

While it is true that some types of apples have thick, chewy skin; this is a great source of fibre.